

AQA (GCSE Notes)

Chapter 2: Organisation

- Q1. What are cells and why are they considered the basic building blocks of life?
- Q2. Define a tissue and explain how it differs from an organ.
- Q3. How are organs formed and what is their function in an organism?
- Q4. Describe how organs are organised into systems within the human body.
- Q5. Give an example of how a tissue works within an organ.
- Q6. What is meant by the term 'organ system'?
- Q7. Explain how size and scale relate to cells, tissues, organs, and systems.
- Q8. Why is it important for cells to work together as tissues?
- Q9. Describe how different tissues in the stomach work together to perform digestion.
- Q10. Explain how organ systems work together to maintain life in an organism.
- Q11. Describe the overall function of the human digestive system.
- Q12. Name the main organs involved in the human digestive system.
- Q13. Explain how the stomach contributes to the digestive process.
- Q14. What role does the small intestine play in digestion and absorption?
- Q15. How do enzymes speed up chemical reactions in the body?
- Q16. Describe the 'lock and key' theory for enzyme activity.
- Q17. How does temperature affect the activity of enzymes?
- Q18. Why is pH important for enzyme function?
- Q19. What happens to enzyme activity if the pH is too high or too low?
- Q20. What is the function of amylase in the digestive system?

- Q21.** Where is amylase produced and where does it act?
- Q22.** What are the products of starch breakdown by amylase?
- Q23.** Name the enzymes that break down proteins and their products.
- Q24.** Where are proteases produced in the human body?
- Q25.** What are lipases and what do they break down?
- Q26.** What are the end products of lipid digestion?
- Q27.** Why is digestion necessary before absorption of food molecules?
- Q28.** How are the products of digestion used in the body?
- Q29.** What happens to the glucose produced by digestion?
- Q30.** What is the role of bile in digestion?
- Q31.** Where is bile made and where is it stored?
- Q32.** How does bile help lipase work more effectively?
- Q33.** What is emulsification and why is it important in digestion?
- Q34.** Explain how the alkaline nature of bile aids fat digestion.
- Q35.** How do digestive enzymes differ in terms of the substrates they act upon?
- Q36.** Give a word equation for the breakdown of starch.
- Q37.** Why are chemical symbol equations not required at this level?
- Q38.** Explain the importance of surface area in enzyme action.
- Q39.** What are soluble molecules and why must food be converted into them?
- Q40.** What would happen if the body did not produce bile?
- Q41.** Why must enzyme action be specific to one type of molecule?
- Q42.** What could happen if an enzyme's active site changes shape?
- Q43.** Describe a method to investigate the effect of pH on enzyme activity.

- Q44.** Describe a method to investigate the effect of temperature on enzyme activity.
- Q45.** What calculation could you use to find the rate of an enzyme-catalysed reaction?
- Q46.** Why is it important for enzymes to work quickly in digestion?
- Q47.** How does the structure of the small intestine help with absorption?
- Q48.** What is the role of the circulatory system after digestion has occurred?
- Q49.** How does the failure of one organ system affect the whole organism?
- Q50.** Why is a healthy diet and lifestyle important in preventing digestive system problems?
- Q51.** Describe the structure and function of the human heart.
- Q52.** What is meant by a double circulatory system in humans?
- Q53.** Explain the role of the right ventricle in blood circulation.
- Q54.** What happens to the blood when it passes through the lungs?
- Q55.** Describe the function of the left ventricle in the circulatory system.
- Q56.** Name the main blood vessels connected to the heart and describe their functions.
- Q57.** What is the function of the aorta?
- Q58.** What is the function of the vena cava?
- Q59.** What is the role of the pulmonary artery?
- Q60.** Describe the function of the pulmonary vein.
- Q61.** What do the coronary arteries do?
- Q62.** Why is it important that blood flows through the coronary arteries?
- Q63.** Name the structures involved in the human lungs used for gaseous exchange.
- Q64.** Describe the function of the trachea in the respiratory system.
- Q65.** What is the role of the bronchi in the respiratory system?
- Q66.** Describe the structure and function of alveoli.

- Q67.** Explain how the alveoli are adapted for efficient gas exchange.
- Q68.** What surrounds the alveoli and why is it important?
- Q69.** How does oxygen move from the lungs into the blood?
- Q70.** How is carbon dioxide removed from the blood into the lungs?
- Q71.** What is the natural pacemaker of the heart and where is it found?
- Q72.** What is the purpose of an artificial pacemaker?
- Q73.** How do artificial pacemakers help people with heart conditions?
- Q74.** What are arteries and how are they adapted to their function?
- Q75.** Describe the structure and function of veins.
- Q76.** How do valves in veins help blood flow?
- Q77.** Describe the structure and role of capillaries.
- Q78.** How do capillaries allow efficient exchange of substances?
- Q79.** Explain why arteries have thick muscular walls.
- Q80.** Why do veins have thinner walls compared to arteries?
- Q81.** Compare the pressure of blood in arteries and veins.
- Q82.** Explain how blood flows from the heart to the lungs and back again.
- Q83.** What compound measure can be used to calculate the rate of blood flow?
- Q84.** How could you calculate the rate of blood flow through an organ?
- Q85.** What is blood and what does it consist of?
- Q86.** Name the four main components of blood.
- Q87.** What is the function of plasma in the blood?
- Q88.** Describe the function of red blood cells.
- Q89.** How are red blood cells adapted to carry oxygen?

- Q90.** What is the function of white blood cells?
- Q91.** How do white blood cells protect the body from disease?
- Q92.** What is the role of platelets in the blood?
- Q93.** How do platelets help to prevent blood loss?
- Q94.** Why is it important to observe blood cells under a microscope?
- Q95.** Describe how different blood cells can be identified in diagrams.
- Q96.** Explain why red blood cells do not have a nucleus.
- Q97.** How does the shape of a red blood cell help its function?
- Q98.** Evaluate the risks involved in using donated blood products.
- Q99.** How can transfusions of blood be life-saving?
- Q100.** Describe how the components of blood work together to support body functions.
- Q101.** What causes coronary heart disease and how does it affect the heart?
- Q102.** Explain how a build-up of fatty material affects blood flow in coronary arteries.
- Q103.** Why does reduced blood flow in coronary arteries lead to a lack of oxygen in heart muscle?
- Q104.** What is the purpose of using stents in coronary heart disease?
- Q105.** How do stents help reduce the symptoms of coronary heart disease?
- Q106.** What are statins and how do they help in treating heart disease?
- Q107.** Describe the role of cholesterol in the development of coronary heart disease.
- Q108.** What are the possible side effects of taking statins?
- Q109.** What are the advantages of using stents to treat narrowed arteries?
- Q110.** Compare the benefits and risks of using statins versus stents.
- Q111.** What problems can occur when heart valves become faulty?
- Q112.** Describe how a faulty heart valve affects blood flow through the heart.

- Q113.** What are the differences between biological and mechanical valve replacements?
- Q114.** Why might a patient need a heart valve replacement?
- Q115.** What are the risks involved in heart valve replacement surgery?
- Q116.** When might a heart transplant be needed?
- Q117.** What is the difference between a heart transplant and using an artificial heart?
- Q118.** Describe two situations where an artificial heart might be used.
- Q119.** What are the advantages of using an artificial heart while waiting for a transplant?
- Q120.** List some potential disadvantages of using an artificial heart.
- Q121.** Why must the risks and benefits of different heart disease treatments be evaluated?
- Q122.** Explain how mechanical devices can be used to support the heart.
- Q123.** How might recovery from heart surgery be supported with technology?
- Q124.** Why is it important to consider quality of life when choosing a treatment option?
- Q125.** Define health in terms of physical and mental well-being.
- Q126.** What is the difference between communicable and non-communicable diseases?
- Q127.** Give two examples each of communicable and non-communicable diseases.
- Q128.** How can diet affect a person's physical health?
- Q129.** How can stress influence mental and physical health?
- Q130.** What does it mean when diseases interact with each other?
- Q131.** Explain how immune system defects increase the risk of infectious diseases.
- Q132.** How can viruses lead to cancer development?
- Q133.** What is the link between immune reactions and allergic responses?
- Q134.** How can a long-term physical illness lead to mental illness?
- Q135.** Why is it important to study how diseases interact?

- Q136.** How can epidemiological data be used to understand health trends?
- Q137.** What is the importance of sampling in health studies?
- Q138.** Describe how a scatter diagram could show a link between smoking and heart disease.
- Q139.** How can bar charts be used to compare the rates of different diseases?
- Q140.** What are the benefits of using histograms in presenting health data?
- Q141.** How would you construct a frequency table for the number of people with asthma in a population?
- Q142.** Explain how to interpret a scatter diagram that shows a positive correlation.
- Q143.** What is meant by correlation and how does it apply to disease research?
- Q144.** Give an example of two variables in health studies that may show a correlation.
- Q145.** Why is it important to convert between numerical and graphical data in science?
- Q146.** How might scientists use data to support the claim that exercise reduces heart disease?
- Q147.** How do scientists ensure that their health data samples are reliable?
- Q148.** What is a control group and why is it important in health research?
- Q149.** How can bias be reduced when collecting data on disease incidence?
- Q150.** Why is understanding health data important for public health decisions?
- Q151.** What is a non-communicable disease and how is it different from a communicable disease?
- Q152.** How does an unhealthy diet increase the risk of non-communicable diseases?
- Q153.** Explain how smoking affects the risk of developing cardiovascular diseases.
- Q154.** In what way can regular physical activity reduce the risk of heart disease?
- Q155.** How does alcohol misuse affect the function of the liver?
- Q156.** What are the long-term effects of alcohol on brain function?
- Q157.** How can smoking and alcohol use during pregnancy harm the unborn baby?
- Q158.** What are risk factors and how are they linked to disease development?

- Q159.** Name three lifestyle-related risk factors and the diseases they are linked to.
- Q160.** How can substances in the environment act as risk factors for disease?
- Q161.** What is meant by a causal mechanism in disease research?
- Q162.** Give an example of a risk factor with a proven causal link to a disease.
- Q163.** Why is it difficult to prove a causal relationship for some risk factors?
- Q164.** What is the relationship between obesity and Type 2 diabetes?
- Q165.** How does smoking damage the lungs and lead to disease?
- Q166.** What is the link between smoking and the development of lung cancer?
- Q167.** How can alcohol use lead to damage of the nervous system?
- Q168.** Why is it important to understand the combined effects of multiple risk factors?
- Q169.** How do poor lifestyle choices impact health at a national level?
- Q170.** What are the global consequences of widespread non-communicable diseases?
- Q171.** What is the human cost of living with a chronic non-communicable disease?
- Q172.** How do non-communicable diseases affect the economy of a country?
- Q173.** What is a carcinogen? Give one example.
- Q174.** How does ionising radiation increase the risk of cancer?
- Q175.** What is the difference between correlation and causation in health data?
- Q176.** How can scientists use scatter diagrams to study disease risk?
- Q177.** Why is it useful to present disease data in bar charts or histograms?
- Q178.** How can a line graph help track trends in non-communicable disease over time?
- Q179.** What is the purpose of using sampling in health studies?
- Q180.** How can researchers ensure their sample represents a population accurately?
- Q181.** How might researchers identify a correlation between alcohol use and liver disease?

- Q182.** What is meant by interpreting data between graphical and numerical forms?
- Q183.** What are the benefits of using data tables in studying disease risk?
- Q184.** What is the purpose of using frequency tables in public health studies?
- Q185.** What can a scatter diagram tell us about the relationship between smoking and cancer?
- Q186.** What is cancer and how does it develop in the body?
- Q187.** Describe the process that leads to uncontrolled cell growth in cancer.
- Q188.** What is the difference between a benign and a malignant tumour?
- Q189.** How do malignant tumour cells spread in the body?
- Q190.** What are secondary tumours and how are they formed?
- Q191.** Why are benign tumours generally less dangerous than malignant ones?
- Q192.** How can lifestyle choices influence the risk of developing cancer?
- Q193.** Name two lifestyle-related risk factors for cancer and the types they are linked to.
- Q194.** What is the role of genetic factors in the development of some cancers?
- Q195.** Why is early detection of cancer important for treatment success?
- Q196.** Describe one method used to detect cancer at an early stage.
- Q197.** How can public health campaigns reduce cancer risk in the population?
- Q198.** Why is it important to continue research into cancer causes and treatments?
- Q199.** What is the difference between cancer prevention and cancer treatment?
- Q200.** How can a person reduce their personal risk of developing cancer?
- Q201.** What is a tissue and how is it defined in plants?
- Q202.** Name five plant tissues and describe the general role of each.
- Q203.** How is the epidermal tissue of a plant adapted for its function?
- Q204.** What is the function of the palisade mesophyll in the leaf?

- Q205.** How is the structure of the palisade mesophyll related to its function?
- Q206.** What is the role of the spongy mesophyll in a leaf?
- Q207.** How does the structure of the spongy mesophyll support gas exchange?
- Q208.** What is the function of xylem tissue in plants?
- Q209.** How is xylem tissue adapted for water transport?
- Q210.** What is the function of phloem tissue in plants?
- Q211.** How is phloem tissue adapted to carry dissolved sugars?
- Q212.** Where is meristem tissue found in a plant and what is its function?
- Q213.** Why is the leaf considered an organ in a plant?
- Q214.** What is the role of guard cells in a leaf?
- Q215.** How do guard cells help control water loss in a plant?
- Q216.** What are stomata and what is their role in plant function?
- Q217.** How do stomata open and close?
- Q218.** What is the relationship between stomata and transpiration?
- Q219.** How is a transverse section of a leaf useful for studying plant tissues?
- Q220.** How is the root hair cell adapted for absorption of water?
- Q221.** What process allows root hair cells to absorb water from the soil?
- Q222.** How do root hair cells take in mineral ions from the soil?
- Q223.** Explain how xylem and phloem work together in the transport system of a plant.
- Q224.** Describe the pathway of water from the roots to the leaves in a plant.
- Q225.** What is transpiration and why is it important for the plant?
- Q226.** What environmental factors affect the rate of transpiration?
- Q227.** How does temperature affect transpiration rate?

- Q228.** Explain how humidity can influence the rate of transpiration.
- Q229.** What effect does air movement have on transpiration rate?
- Q230.** How does light intensity affect the rate of transpiration?
- Q231.** What is the role of lignin in xylem vessels?
- Q232.** What is translocation and where does it occur in a plant?
- Q233.** Why is translocation important for the survival of a plant?
- Q234.** How is phloem tissue structured to support translocation?
- Q235.** What are sieve plates and what is their role in phloem tissue?
- Q236.** How can the rate of transpiration be measured in an experiment?
- Q237.** What data would you collect when measuring transpiration with a potometer?
- Q238.** How could you calculate the average transpiration rate from repeated measurements?
- Q239.** Describe how you would use a microscope to investigate stomata distribution.
- Q240.** Why might stomata be found more on the underside of a leaf?
- Q241.** How can you calculate the surface area of a leaf for a transpiration investigation?
- Q242.** What is the significance of using compound measures when studying transpiration?
- Q243.** How would you use a graph to show the effect of light on transpiration rate?
- Q244.** What graph would best display the relationship between humidity and transpiration?
- Q245.** How would you extract and interpret data from a table showing transpiration rates?
- Q246.** Why do plants need both water and dissolved minerals transported to the leaves?
- Q247.** How do the stem and leaves work together to move substances in a plant?
- Q248.** What is the function of the plant's organ system made up of roots, stems, and leaves?
- Q249.** Why is active transport important in the uptake of mineral ions by root hair cells?
- Q250.** How do structural adaptations in leaves support photosynthesis and water regulation?